ABSTRACT OF DISCLOSURE

A highly water-absorptive ophthalmic lens which is formed of a macromolecular material including vinyl alcohol unit as a major component, wherein the improvement comprises: macromolecular material being formed by saponifying copolymer obtained by copolymerization of a polymerizable monomer composition which consists of vinyl acetate and diethylene glycol divinyl ether; the ophthalmic lens having a water content in a range from 73% to 84%; and the ophthalmic lens having a ratio of a dimensional change of less than ± 2 % and is free from whitening after (A) the ophthalmic lens has been subjected to three cycles of a freezing-thawing operation wherein the ophthalmic lens formed of the macromolecular material is left at a temperature of not higher than -10°C for not less than twelve hours, and is subsequently left at a temperature in a range from 15°C to 30°C for not less than six hours, and/or (B) the ophthalmic lens has been kept at a temperature in a range from 1°C to 9°C for three months.